

ALERT

Inpatient OMH & OASAS-Certified Providers

New York: Substance Use Disorder Legislative Changes

New York: Mental Hygiene under age 18 years old Legislative Changes

- This notice applies to:
 - In-network, OASAS-certified facilities in New York
 - Inpatient acute and residential in-network mental health facilities treating the under age 18 population
- Out-of-network facilities, including those outside of New York, continue to be required to seek prior authorization
- All facilities are expected to apply LOCADTR at time of SUD admission for listed memberships.

Memberships & Notifications

Medicaid & Essential Plan Effective 1/1/2020	Notification Process
<ul style="list-style-type: none"> • New York Mainstream Medicaid • Medicaid Wellness4Me • New York Essential Plan 	<p>SUD admissions: Complete LOCADTR & Appendix A Treatment Plan</p> <p>MH Admissions: Complete under age 18 Treatment Plan</p> <p>Call the number for Provider Services on the back of the Member's Card for telephonic notification w/ required treatment plan elements.</p> <p style="text-align: center;">or</p> <p>Use PAAN electronic portal & attach treatment plan via upload: uhcprovider.com/paan or follow Clinical tab within: https://www.providerexpress.com/content/ope-provexpr/us/en/our-network/welcomeNtwk/wNY.html</p>
Commercial Health Plans & NY CHP Effective 1/1/2020	Notification Process
<p>Note: the legislation applies to legally-specified commercial plans. In all cases, you should call Optum to determine whether the legislation applies.</p> <p>In-scope commercial plans, include but are not limited to:</p> <ul style="list-style-type: none"> • UnitedHealthcare of New York • Oscar - New York Plans 	<p>For in-scope plans, notification is required; for out-of-scope plans you will follow existing authorization review process.</p> <ul style="list-style-type: none"> • Call the number on the back of the Member's insurance card • Instruction will be provided for submission of LOCADTR & Appendix A Treatment Plan • Instruction will be provided for submission of under age 18 treatment plan elements
Oxford – Effective upon plan renewal	Notification Process
<p>Oxford – effective dates will vary</p> <p>In all cases, you should call Optum to determine whether the legislation applies.</p>	<ul style="list-style-type: none"> • Call the number on the back of the Member's insurance card. • Instruction will be provided for submission of LOCADTR & Appendix A Treatment Plan • Instruction will be provided for submission of under age 18 treatment plan elements

Clinical Criteria

The legislation requires that you apply LOCADTR criteria to determine medical necessity for all Substance Use Disorder (SUD) admissions and services at all levels of care. Mental Health Admissions: Optum will recognize CASII/ESCII for medical necessity on Mental Health (MH) under age 18 admissions.

Admission Notification

Notification is required for SUD admissions for all ages, and for Mental Health Inpatient & RTC admissions for members under age 18, within 2 business days of the medically necessary admission.

Collaborative/Consultative Review

Legislation calls for ongoing collaborative discussions between providers and UHC. During such consultations, the parties may discuss the patient's diagnosis, prognosis, and the current course of clinical care and any care coordination or care management needs of the patient.

For SUD admissions this contact should occur by day 14 of the stay or next business day.

For under age 18 MH admissions, the frequency of communication should reasonably reflect the complexity of the patient's treatment and care coordination needs. UHC shall be required to work collaboratively with the inpatient hospital to share and gather any relevant information that supports an individual's treatment and discharge planning.

Concurrent Review and Step-Down Care or Discharge

Following notification, facilities are expected to apply LOCADTR or CASII/ESCII criteria to manage care, including stepping down to lower levels of care when indicated.

If a patient steps-down or discharges for any reason (including against medical advice), facilities should notify Optum as soon as possible but no later than 24 hours from the time of discharge. Prior authorization for lower levels of care may be required depending on the level of care and the member's specific benefit plan.

For patients remaining at the inpatient level of care for more than 28 days for SUD, or more than 14 days for under age 18 IP/RTC MH, contact Optum as clinical review may be required.

It is essential that you notify us of discharge. Authorizations for inpatient cannot be issued until discharge has occurred.

Questions

If you have questions about a specific case, contact the number on the back of the member's card. If you have questions about the implementation of this legislation please contact your Network Manager directly or email NYNetworkManagement@optum.com.