

New York Behavioral Health Provider Quick Reference Guide

Provider Education Evidence Based Care

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| Overview | <p>Treatment and Utilization Review (UR) are supported by objective, evidence-based, nationally recognized medical policies, clinical guidelines, and criteria. This QRG contain resources endorsed by the New York State and Federal Health and Human Service agencies.</p> |
| What is Evidence Based Care? | <p>According to the Substance Abuse and Mental Health Services Administration (SAMHSA) Evidence-Based Practice Resource Center, evidence-based practices are clinically sound and scientifically based policies, practices, and programs that can be disseminated throughout a variety of settings with a consensus among experts as to the effectiveness and validity of the treatment.</p> <p>According to the New York State Office of Mental Health, EBPs are interventions for which result in consistent scientific evidence showing that they improve consumer outcomes.</p> |
| What educational opportunities does Optum provide? | <ul style="list-style-type: none"> • Optum Health Education Is a jointly accredited education company that provides training that can advance the skills strategy and/or performance of health care professionals. Access to content is free of charge and available to all. Optum Health Education offers at least 26 behavioral health trainings featuring evidenced based care: optumhealtheducation.com/ |
| What are some NYS Office of Mental Health (OMH) endorsed EBP Resources: | <ul style="list-style-type: none"> • New York State Office of Mental Health (OMH) Practice Guidelines and Recommendations omh.ny.gov/omhweb/psyckes_medicaid/resources/clinician/tools/guidelines.html . • Evidence Based Treatment Dissemination Center Funded by the NYS Office of Mental Health, provides clinical trainings and consultation on evidence based-treatment protocols to NYS OMH-licensed mental health professionals. ideas4kidsmentalhealth.org/evidence-based-treatment-dissemination-center.html • Center for Practice Innovations (CPI) The CPI provides guidance and expertise to OMH that is rooted in research on evidence-based practices, implementation science and behavioral health care policy. Employees of OMH-licensed OASAS certified, or NYS VA behavioral health programs are eligible to participate in the evidenced behavioral health trainings. The CPI can be accessed via the internet at the following website: practiceinnovations.org/ • Community Technical Assistance Center (CTAC) and Managed Care Technical Assistance Center (MCTAC) |

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| | <p>CTAC and MCTAC are part of New York University’s McSilver Institute for Poverty Policy and Research. Funded by OMH and Office for Addiction Services and Supports (OASAS) the offer trainings and technical assistance to all behavioral health agencies in New York State ctacny.org/trainings/</p> |
| <p>NYS Office of Addiction Services and Supports EBP Resources</p> | <ul style="list-style-type: none"> • Evidence-Based Prevention Programs Register of programs approved for use by providers in the delivery of prevention services oasas.ny.gov/providers/evidence-based-prevention-programs • Professional Learning and Development Optional training opportunities that fulfil OASAS clock hour credit requirements Professional Learning and Development Office of Addiction Services and Supports (ny.gov) • Learning Thursdays Free and recurring online learning opportunities that help you grow professionally while earning credit toward a credential. These trainings are available on the OASAS website through the following link: oasas.ny.gov/learning-thursdays • NY OASAS Training Catalog. The NYS OASAS training catalog includes training, offered by OASAS and its Certified Education and Training Providers, which is acceptable towards satisfying initial and/or renewal requirements for the CASAC, CPP and CPS. This information can be obtained by reviewing the catalog on the OASAS website at the following link: webapps.oasas.ny.gov/training/index.cfm |
| <p>What are some NYS Office of Children and Family Services EBP Resources</p> | <p>The NYS OCFS provides links and resources of “Effective Programs and Practices” on the OCFS website at the following link: ocfs.ny.gov/main/sppd/effective-practices/links.php</p> |
| <p>What are some NYS Department of Health Behavioral Health EBP Resources?</p> | <p>The NYS DOH provides links to Evidence-Based Public Health Resources on the DOH website at the following link: health.ny.gov/statistics/chac/evidence.htm</p> <p>NYS DOH also has an Evidence-Based Review Process for Coverage Determination. This information can be accessed on the DOH’s website at the following link: health.ny.gov/health_care/medicaid/redesign/2016/dossier_instructions.htm</p> |
| <p>What is a federal resource for EBP</p> | <p>Substance Abuse and Mental Health Service Administration (SAMHSA) U.S. Department of Health and Human Services Evidence-Based Practices Resource Center</p> <p>SAMHSA is committed to improving prevention, treatment, and recovery support services for mental and substance use disorders.</p> <ul style="list-style-type: none"> • The Evidence-Based Practices Resource Center provides communities, clinicians, policy-makers and others with the information and tools to incorporate evidence-based practices into their communities or clinical settings. samhsa.gov/resource-search/ebp |
| <p>National Council for Mental Well Being</p> | <ul style="list-style-type: none"> • The Center of Excellence for Integrated Health Solutions offers a variety of free trainings and educational opportunities such as live events including webinars and office hours sessions, and technical assistance. thenationalcouncil.org/program/center-of-excellence/ |