

Follow-Up Care After Discharge

Follow-up treatment must occur within 7 calendar days* after discharge from a higher level of care.

Source: National Committee for Quality Assurance 2022 HEDIS Specifications, see NQF-Endorsed Measures at www.ncqa.org

Helping Patients Get the Care They Need Within 7 Days After Discharge

If any of your patients have recently been discharged from an Emergency Department or an inpatient hospital stay with a substance use or mental health disorder, you play an important role in ensuring that they receive appropriate follow-up care after discharge.

Virtual visits are an effective way to provide care within 7 days after discharge. Visit our provider website at the following link for more information.

[Become a Virtual Visit Telemental Health Provider](#)

“Lack of timely follow-up can result in negative outcomes, such as continued substance use, relapse, high utilization of intensive care services and mortality.*”

Best Practice: Please request discharge information from the inpatient facility.

Resources to Assist You and Your Patients with Follow-up Care After Discharge

- **[ProviderExpress.com](#)** - provides educational materials, screening tools, and assessments
- **[Provider Express Clinician Center](#)** - provides resources for your patients on mental health, substance use, and crisis support
- **[Recovery and Resiliency Toolkit](#)** - helps determine personal strengths and facilitates recovery & wellness planning
- **[Medication Assisted Treatment](#)** - (MAT) resources

* According to the National Committee for Quality Assurance (NCQA).

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